

CALLING ALL FIRST TIMERS

First timers (those new to Sweet Adelines) will want to join Sandy Detroit and Nancy Connell for this annual get-together. In a fun way, they'll welcome you and introduce you into the world of Sweet Adelines, contests and more!

Thursday, 3:00pm, you'll have time together and also get to be part of our "Come One, Come All" event. Friday, 12:45pm, you'll meet together in the INB lobby and take a special "walk-thru" of the opera house.

COME ONE! COME ALL! AND BRING A HAT!

For those of you arriving in Spokane on Thursday, you are invited to join your chapter leaders, first timers, and regional leaders for our special leadership event Thursday afternoon in Spokane!

Thursday -- March 18th -- 3:00-5:30pm -- Red Lion at the Park -- Exhibit Hall

What do you need to bring? Yourself and wear one of your favorite hats!

Short Introductions

Welcome your new RMT and other regional leaders.

I'M JUST TOO BUSY, HOW CAN I POSSIBLY FOCUS ON JUST ONE THING?

You'll enjoy Nancy Kurth's presentation on why and how to focus.

Then and Now

We will all get a kick out of this short walk down memory lane with Patty Severns.

COME ON GET PHYSICAL

Be ready to get physical - Shelly Pardis will run us through some drills.

Let's Sing Tags!

Glenna Berdahl is going to teach us some tags! You might want to bring your recorders to capture some great things to take back to your chorus!

THE THEORY OF POSITIVITY

Shirley Price has come with her own "Theory of Positivity." Knowing Shirley, this will be a once in a lifetime experience for all of us.

JEOPARDY IN SPOKANE

Each chorus team will compete for prizes during our "Jeopardy in Spokane" game. Our show hosts will be Sharon Stockstad and Judy Galloway. We'd suggest that you all brush up on any and all trivia including tidbits about your region, our choruses, and SAI.

BREAKOUT GROUPS

Now's the time to ask questions and get answers. Your RMT and others will be available to talk with you either as part of a group or in private conversations. There will be handouts for you to pick up for your chorus.